

ROWE CATERING

Orders can be placed by contacting us at 423-451-2716 or barbequerowe@gmail.com

BREAKFAST

All breakfast options include orange juice

Yogurt Bar

Vanilla or Plain Yogurt

Toppings include: Strawberries, Blueberries, Pineapples, Granola and Walnuts

Continental Breakfast

Muffins, Bagels, Cream Cheese, Granola Bars, and Fresh Fruit

Full Hot Breakfast

Scrambled Eggs, Crisp Bacon or Sausage Links, Cheesy Hash Browns, and Fruit

Down Home Breakfast

Biscuit and Gravy, Egg and Veggie Bake, Home Fries and Country Ham



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LUNCH

Each option includes choice of two sides

Smoked Chicken Wings

Dry Rub choices: Jalapeno Garlic, Jerk, Lemon Pepper, Smoked

Sauces: BBQ, Honey Ginger, Ghostly Hot

Baked Chicken

Sauce or flavor choices: Smoked, Mushroom, Roasted Red Pepper, Honey Mustard

Bacon & Cheese Chicken

Boneless Skinless Chicken Breast topped with Bacon and Cheese
(Cheddar and Mozzarella)

CHEF CHOICES

Each option includes choice of one side

Best Sloppy Joe Ever

Seasoned Chuck with Grandma's sloppy sauce

Jambalaya with Rice or Pasta

Andouille Sausage, Seasoned Chicken with a blend of peppers and finished with a trio of Cajun spices



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FOOD BARS

Minimum of 20 people please

Baked Potato

Baked Potato, Chili, Bacon, Sour Cream, Broccoli, Butter, and Shredded Cheese

Pasta Bar

Choice of Different Pastas

Choice of Sauces: Marinara or Alfredo Sauces

Choice of Salads: Caesar or Garden Salad

Garlic Bread

Soft Taco Bar

Taco Meat, Soft Tortillas, Shredded Cheese, Lettuce, Sour Cream, Guacamole, Diced Tomatoes, Salsa, Spanish Rice, and Refried Beans

Fajita Bar

Grilled Chicken, Peppers & Onions, Soft Tortillas, Shredded Cheese, Lettuce, Sour Cream, Guacamole, Diced Tomatoes, Salsa, Spanish Rice, and Refried Beans



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BOX LUNCHES

Standard

Includes Sandwich (Chicken, Turkey, Ham, or Roast Beef), Fruit, Chips and Cookie

Salad Boxes

Strawberry Spring Mix, Garden Mix, Caesar, or Mandarin Orange Spinach Salad
(add chicken \$2.00/per person)

Gourmet

Includes Wrap (Chicken, Turkey, Ham, or Roast Beef), Fruit, Pasta Salad and Dessert

SOUPS

Old Fashion Chicken Noodle, Tomato-Basil, Cheddar-Broccoli or Ham & Bean



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SIDES

Vegetable Medley, Green Beans, Collard Greens, Broccoli, Macaroni and Cheese, Potato Salad, Pasta Salad and Garden Salad

Rice: White, Brown, Wild, Pilaf and Spanish

Potatoes: Mashed, Garlic Mashed, Roasted Red Skin and Roasted Garlic

TRAYS

(serves 25 people)/*pricing varies*

Vegetable Tray—Variety of veggies with dip

Cheese Tray—Variety of cheeses with crackers

Fruit Tray—Variety of fresh seasonal fruits



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DINNER

Each option includes choice of two sides

Rosemary-Ginger Chicken

Bone-in Chicken marinated in Rosemary Ginger and other Herbs

Oven Roasted Chicken

Bone-in Chicken seasoned and roasted with blend of Herbs and Spices

Chicken Parmesan

*Lightly Fried Parmesan-Breaded Chicken Breast smothered with
Marinara Sauce and melted Italian Cheeses*

Champagne Chicken

Boneless Chicken Breast sautéed in Champagne-based Creamed Sauce

Classic Pot Roast

Slow Cooked seasoned Beef Roast with Vegetables

Three-Pepper Jambalaya

*Andouille Sausage, Seasoned Chicken with a blend of peppers and finished with
a trio of Cajun spices*



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DESSERTS

pricing varies

Specialty Made Cakes (serves 18-20)

Seasonal Fruit Cobblers (serves 18-20)

Banana Pudding (serves 18-20)

DRINKS

Sweet and Unsweet Tea

Lemonade

Infused Flavored Water

Additional soft drinks available upon request



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